

RACHAEL SHERLOCK

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I love working in a multi-camera studio environment where I am currently a Senior Studio Technician hoping to someday direct live events and extreme sporting competitions. My most recent role at ITV requires me to work with a team of multi-skilled technicians to provide quality support across four shows. Before joining ITV, I was shortlisted for Best Music Show twice at the National Student Television Awards and was part of the winning team for Best Broadcaster.

SENIOR STUDIO TECHNICIAN

January 2016 – PRESENT
ITV Day Time In this role I help manage a team that provides quality assistance to Sound, Camera, Lighting and Scenic departments. My favorite tasks involve setting up radio mics and talk back for presenters and guests, as well as stepping up to operate ped cameras.

SOUND EXPERIENCE

June 2018
Good Evening Britain Floor Sound's Assistant to a one-off special of Good Evening Britain, a live late-night version of the ITV breakfast show with Piers Morgan and Susanna Reid.

CAMERA EXPERIENCE (INSIDE ITV)

2017
This Morning Ped operator for an interview with Alan Shearer, one of the Premier League's all-time top goal scorers. I also operate a ped during cooking and demo items.

2017
Loose Women Camera 4 experience as the main presenter single. When not operating this ped I operate the Green Room camera which becomes a 4 shot of presenters once back in the studio.

2017
Lorraine Camera 6 operator which can also go hand held. Good for Green Room shots, studio wides and group shots when there is a big chat.

CAMERA EXPERIENCE (OUTSIDE ITV)

November 2016
Telegraph Ski & Snowboard Show Followed sponsored Skateboarder, Kelesse Thomas, as she conducted interviews with pro snowboarders and experienced what the event had to offer. Recorded sound into the camera with a personal sennheiser radio mic.

June 2015
Furious and Funny (Channel 5) Filmed Beach Break Live Festival for YSTV. The footage was then acquired by Channel 5 to be used in a eight part documentary series which aired in June.

January -September 2014
Celebrity Big Brother Fully trained Grade 5 Operator with Roll to Record. I also attended a rig day where I learnt how to assemble and check studio peds are fully functional.

July- September 2012
Paralympic Opening & Closing Ceromnies (Done & Dusted) Responsible for filming the rehearsals for the director, Hamish Hamilton. Praised for using a GoPro chest mount to capture a performer's perspective as they zip wired into the stadium.

ASSISTANT FLOOR MANAGER

July 2014 Trained by ITV to cover a period of holiday for the AFM. Worked closely
Lorraine (ITV) with guests by cueing up Live Shots and CAs.

TRAINING

July 2018 Full day director shadowing and assisting in the set-up of the two demos
Ideal World Shopping Channel the director was responsible for- paint sprayer and bed mattress. Liaised
and learnt how specific presenters like to be directed.

November 2016 I shadowed director Jools Holmes with specific care into scripting music
Soccer AM (Sky) and bar counting. Scripted a performance for the band Cabbage which
was used on the show.

2016 Trained by TLS to assist in the making of a 12ft and 15ft Jimmy Jib.
Jib Training Aware of H&S risks when mounting and balancing the camera head/arm,
and of the maintenance checks involved in the day to day running of the
jib.

2016 Completed training to be a Fire Warden. Furthered this training by
Fire Warden attending an extra session where we learnt to use the evac chair.

2015 Went on Gas Safety Training course at ITV in order to know about the
Gas Safety Training risks involved when using certain gasses – particularly the ones used to
gas a studio ped.

STUDENT TELEVISION AND SHORT FILM AWARDS

August 2013 Line Producer/1st AD for a short film backed by Producer Andy
Aesthetica Short Film Festival Devonshire. Shot around the U.K with an impressive £10,000 budget.

2012-2013 Shortlisted twice for Best Music Show, and was part of the winning team
National Student Television Awards for Best Broadcaster in 2012.

2012 Shortlisted for Best Animation. Recorded sound using an edirol and I am
Royal Television Society National credited for boom on IMDB.
Student Awards

EDUCATION

October 2010 – July 2013 Tech savvy with a good knowledge of cameras, lighting, exposure,
BSc in Film and Television microphones and their dynamic ranges, operating, scripting and editing.
Production

***REFERENCES AVAILABLE ON REQUEST**